

**To continue your educational journey...some useful resources:**

Bowman, Sharon. (2005). *The Ten-Minute Trainer. 150 Ways to Teach It Quick & Make It Stick!* San Francisco, CA: Pfeiffer. How to design and deliver effective training programs in less time and with increased learner retention.

Bowman, Sharon. (2001). *Preventing Death by Lecture! Terrific Tips for Turning Listeners Into Learners.* Glenbrook, NV: Bowperson Publishing. A short, easy read with dozens of quick activities---from one to five minutes in length---that a teacher or trainer can use with any subject and any size group. A must for making any lecture interactive and unforgettable.

Bowman, Sharon. (1999). *Shake, Rattle, and Roll! Using the Ordinary to Make Your Training Extraordinary.* Glenbrook, NV: Bowperson Publishing. Over one hundred ways to use simple, ordinary objects and materials to create extraordinary learning experiences. Also includes many ways to use movement, music, and metaphor to make your message memorable.

Bowman, Sharon. (1998). *How to Give It So They Get It! A Flight Plan for Teaching Anyone Anything and Making It Stick.* Glenbrook, NV: Bowperson Publishing. For readers who want to explore the ways they learn, teach, train, and communicate. Includes detailed descriptions of the four major learning styles and easy-to-follow instructions for forty experiential training activities. Also contains comprehensive chapters on the four-step Learning Styles Map, the forerunner to the Training Map in *The Ten-Minute Trainer*.

Bowman, Sharon. (1997). *Presenting with Pizzazz! Terrific Tips for Topnotch Trainers.* Glenbrook, NV: Bowperson Publishing. A host of easy-to-apply tips and activities for getting learners of all ages more actively involved in their own learning.

**Note:** All of Sharon's books are "friendly" reads.

Rutherford, Paula. (1998). *Instruction for All Students.* Just ASK Publications, ASK, Inc. The workbook used by Louise Thompson at the faculty training a few years ago at IES. Full of templates for teaching and a terrific bibliography.

Gladwell, Malcolm. (2000, 2002). *The Tipping Point: How Little Things Can Make a Big Difference.* Little, Brown and Company.

Gladwell, Malcolm. (2005). *blink: The Power of Thinking Without Thinking.* Little, Brown and Company.

Getting a bit more technical, but still worth the read:

Harmin, Merrill. (1994). *Inspiring Active Learning. A Handbook for Teachers.* Alexandria, VA: ASCD Publications. Shows teachers how to turn students on to learning and how to get them working more diligently, willingly, and intelligently each day.

And always...

Zander, Rosamund Stone and Benjamin. (2000). *The Art of Possibility. Transforming Professional and Personal Life*. Through uplifting stories, parable, and personal anecdotes, the Zanders invite us all to become passionate communicators, leaders, and performers whose lives radiate possibility into the world.

**Personal testimony:** I have read this book, seen the video by the same name and had the privilege of experiencing Benjamin Zander's compelling presentation of this material in person. I had to travel to another state to have this experience and would do it again without hesitation. Truly a life-altering experience.

Check out these websites for some additional help and inspiration:

[www.bowperson.com](http://www.bowperson.com) (This is Sharon's website. You can even print short articles for your amazement and amusement as well as your edification. woohoo!)

[www.benjaminzander.com](http://www.benjaminzander.com) (Check out where he's presenting. He might be near you and your singers. I know a director who canceled her rehearsal to have her whole chorus hear him!)

[www.alcenter.com](http://www.alcenter.com)

[www.thebrainstore.com](http://www.thebrainstore.com)

[www.askeducation.com](http://www.askeducation.com)

[www.daleandpeggy.com](http://www.daleandpeggy.com)

And when you're ready for more, try "googling" the following for some additional learning fun:  
accelerated learning  
active learning  
adult learner  
brain-based learning  
memletics

For a truly unique experience google: Jill Bolte Taylor: My Stroke of Insight. This is an 18 minute video. Do your best to carve time out of your busy day to watch it.

And for a special bit of "brain" fun, go to You Tube and look up Bobby McFerrin and Pentatonic Scale. This is a real treat.

(I love "googling." You never know what new paths of learning you'll find. Use your imagination.)

**Note:** Be sure to look in the back of any book you liked (or even didn't like) for more possible resources in your quest for knowledge.

A very special thanks to Kathy Carmody who graciously turned me on to a lot of what's been suggested above.

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